

HOW MUCH IS TOO MUCH?

STUFF TO KNOW

KNOW WHAT TO DO WHEN CYBERBULLIED

- Ignore harassing or rude comments posted on your profile
- Save or print the evidence
- Tell an adult you trust

KNOW HOW TO PREVENT IT

- Only share your password with your parent or guardian
- Change your passwords often
- Set your page and blog to private
- Use privacy settings to block unwanted messages
- Keep your personal information private

KNOW HOW MUCH IS TOO MUCH

- Use a nickname that doesn't identify your gender, age, or location
- Think before posting or sending photos—they could be used to hurt you now and later
- Alter your pictures before you post them to remove identifying information
- Don't post your plans or whereabouts online
- Never meet in person with anyone you first meet online
- Think about the real-life consequences of what you post